



KEY ELEMENTS OF A SCHOOL PROTOCOL

ROLES AND RESPONSIBILITIES



INTERNATIONAL CONSORTIUM
ON SELF-INJURY IN
EDUCATIONAL SETTINGS

KEY ELEMENTS OF A SCHOOL PROTOCOL

- 1 **Sketch the roles and responsibilities** of all school staff members to detect and adequately respond to self-injury.
- 2 The contact person and/or team receive **training** regarding self-injury to be able to coordinate all aspects of the case management for students who disclose self-injury. Furthermore, it is important that all school staff members receive **information** regarding self-injury.
- 3 The staff must refer students engaging in self-injurious behavior to the contact person. The importance of immediate referral is necessary due to confidentiality.
- 4 The contact person is responsible for **following up** the suspected self-injured students.
- 5 The contact person must also be **available for the school staff**. Possibly, an adequate referral can be necessary.
- 6 The contact person executes an initial risk assessment to identify possible suicidal risks.
 - Based on the **risk assessment**, the contact person must *determine the next steps*. The risk assessment can be placed on a *continuum*. At the one end of the continuum, there is imminent risk for suicide and immediate referral to the hospital can be necessary. On the other end of the continuum, a low risk is assessed and there is only a couple of incidents of superficial self-injury.
 - The student must then be followed up within the school to explore healthier alternatives.

